

# **Winter Programme**

Malmesbury Children's Centre



# January - March 2016



# Drop-in sessions ...

# Play Together

Stay and Play group for under 5's with exciting play activities!

Mondays 10.00 - 11.30am

Not running 15th Feb (Craft Event at Town Hall) 1st Feb & 7th March - Play Together at the Community Hub, Malmesbury Town Hall

# **Bumps & Breastfed Babes**

Breastfeeding support group

### **Mondays 1pm – 2.30pm**

Come and meet other new mums and share experiences. Help and advice from a qualified breastfeeding peer supporter.

Toy and play area - older siblings welcome.



## **Bumps to Early Walkers**

Social group for parents and babies; discover ways to help baby develop through play!

Tuesdays 1:30 – 3.00pm

Malmesbury Children's Centre **Grounds of Malmesbury Primary School** Tetbury Hill, Malmesbury, SN16 9JR

# Useful info ...

#### **Sensory Room**

Our sensory room is a place of relaxation and fun for children; with bubble tube, sound wall and special £1.50 per family for ½ hour session. lighting. Free if you are in receipt of benefits or your child has an additional need. Booking required.

#### Contact us for information on .....

- **Healthy Start vitamins and vouchers**
- Two Year Funding
- One-to-one family support
- **Counselling Sessions**
- Volunteering opportunities
- **Health Trainer support**
- **Financial support & Careers Advice**

#### **Bookshare**

A great way to share the joy of books with your child. Joining the scheme means you will be able to borrow books from our wide selection. Please contact us for more info



We will be CLOSED on Weds, 10th Feb in the afternoon for Staff Training

Tel. 01666 825566

Email: malmesburycc@spurgeons.org

Website: www.malmesburycc.org A Sure Start Children's Centre

# **Family Fun Craft**

Events ...

Fun session for children aged 0-5 yrs

(older siblings welcome up to 11 yrs) Come and get creative with Scrapstore!

Malmesbury Town Hall – 10.30am-12pm

Mon 15th Feb 2016 £1 per child

Drop-in, no need to book!

# **Play Together**

## @ Malmesbury Town Hall

Join us for special, big, stay and play sessions with more space for the children to play and enjoy activities!

Mon1st Feb & Mon 7th March 10.00 - 11.30am

Free - drop in - no need to book!



### Chat and Play

In partnership with Open Blue Bus

Stay and Play group for under 5's

Wellington Place Drop-in Centre, Hullavington

1.30pm - 3.00pm

Starts 7th Jan - term-time only - Drop-in (Health Visitor Clinic 2nd & 4th Thurs of the month, termtime only)



# Malmesbury Children's Centre Winter Programme - January to March 2016



All events on this page must be pre-booked. Please ring to book – places will be confirmed week before start of course. Unless otherwise stated, events are held at the centre - where charges apply, concessions are available for families in receipt of certain benefits, including children who qualify for two year old funding.

# **Toddler Taming**

Tues 12th Jan - 1st March 9.30am - 11.30am

For parents of toddlers who would like less stress and more co-operative, happier children! Tips and ideas on:

- Managing tantrums
- Following bedtime routines
- Relaxed and happy mealtimes
- Reward systems

Free course with free crèche spaces!



### **Dads Matter**

Tues 8th March, 7-8.30pm Parenting from a Dad's point of view!

Find help with: managing tantrums & behaviour, play ideas, encouraging and talking to your child.

### **Ante Natal Breastfeeding** Information Session

1.30pm - 3.30pm



# Chatterbox

Weds 13th Jan - 10th Feb 10am -10.45am

Free, fun group with stories, rhymes and songs to encourage speech, language and listening skills.

Age from approx.18 months upwards. £5 for 5 weeks

# Wiltshire Family Learning **Money Magic!**

Share fun and hands-on activities to find out more about managing your money and increase your confidence about dealing with money matters. Gain a better understanding of budgeting, saving and paying bills. This is a free course available to adults who have lower than GCSE 'C' grade Maths/English.

Weds 24th Feb – 23rd March 9.15am - 11.15pm



Free crèche spaces available.

# **Baby Melody Makers**

For babies up to 18 months

10am - 10.30am 💦 Mini Melody Makers

For children 18 months – 4 year

10.45am - 11.15am **Malmesbury Town Hall** Thurs 25th Feb – 24th March

Fun, singing and rhyme sessions for babies and toddlers!

£5 per child (for 5 weeks)



## Toddler Talk!

Fri 5<sup>th</sup> February 10 -11.30am

For toddlers 9 months plus

- Help your child learn new words and build sentences.
- Help your child to understand what is being said
- Share activities to encourage communication and language skills.



# **Malmesbury Town Hall** Thurs 14th Jan - 11th Feb 10.00am - 10.45am

Help your child develop balance & co-ordination - run by a qualified fitness instructor! Age 18mths +

£10 per family for 5 weeks

## **Bite-Size Infant First Aid**

Friday 29th January or Friday 18th March 10am-11am

Would you know what to do in an emergency?

Free sessions run by a First Aid Trainer.

Wednesday 9th March

Midwife-led session-please Book direct with your midwife or tel. Chippenham Hospital:01249 456434

Baby Massage 2pm - 3.30pm

Thurs 25th Feb to 24th March

for babies 6 weeks to 6 months £25 for 5 week course

# **Home Truths Workshop**

Tues 15th March, 10am – 12pm

Domestic Abuse in the community -What is domestic abuse?

Do you know what support is available or how to support someone you know? Come and find out more!

### **Infant First Aid**

Saturday 27<sup>th</sup> February 10am - 1pm

Practical advice on what to do in an emergency, topics covered include CPR, choking and burns. 🤏 🚱

£25 per person

(£15 for concessions)

Tel. 01666 825566

Email: malmesburycc@spurgeons.org Follow us on Facebook

