

Parenting in the Digital World



Initiative.org.uk



Internet Safety Advice Online



internetmatters.org



saferinternet.org.uk



commonsensemedia.org



parentzone.org.uk

app's - games - social media - and beyond....

The above sites will allow you to keep up-to-date with all things digital.

- Step by step guides on how to apply safety settings and filters on your home devices, games and app's (internet matters)**
- Parent reviews and advice (common sense media)**
- Parent advice, talking points and lots more (parent zone)**
- General help and information (uk safer internet centre)**





*You don't need to be a 'Tech' expert
to provide lots of help
and support!*

Little & Often is the way to go.....

Talking to your young people about what they like to do online and how they manage their digital life can be extremely beneficial.

Showing an invested interest in your young peoples online life will not only educate you on what their up to but will also be a great way of you providing your own life experience and guidance.



Coping with a digital crash



Follow our next steps....

Keep Calm.....don't freak out!

If something has gone wrong in your young persons digital life, take reassurance that you know.....NOW YOU CAN HELP THEM!

Step 1:

Step 2:

Everything's going to be ok.

No matter how big or small the problem is, reassure your young person that everything is going to be ok. This will start things heading in the right direction.

Make a plan.....with them.

Undoubtedly your going to need to get some extra help at this point. It's important to involve your young person in this process.....don't shut them out!

Step 3:

Step 4:

Make sure they're happy.

Whatever you think will be your next steps, make sure your young person agrees. We want to make this process positive, in case things crash again in the future.

Help is just around the corner.....

or on the next page!



Looking for some extra support?



youngminds.org.uk



themix.org.uk



nspcc.org.uk

*There's lots of extra help out there,
free, friendly and supportive!*

If from time to time, you or your young people need a little bit of extra help or support. It's out there waiting for you and easy to find online.

The above groups will either help you directly or signpost you to others out there that will.

Get the support you deserve, if and when you need itSimple!



*Need to take things
a bit further?*

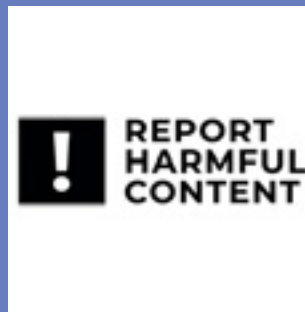
If you've found yourself in the position where things have got slightly out of your control or indeed you feel a young person is in danger.

Report it immediately!

The below organisations will be a great place to start.



ceop.police.uk



reportharmfulcontent.com



Simple steps to having an awesome

digital life!

Please explore our advice series with your young people!

The aim of this growing series is to provide young people with some simple steps to having an awesome digital life!

Covering:

Interacting Online, Online Strangers, Cyber-bullying & more.....

Visit our 'Downloads' page or click link. [CLICK HERE**](#)**



Just shout if you need any more help!

web: www.thestaysafeinitiative.org.uk

mail: info@thestaysafeinitiative.org.uk

phone: 01666 577269

#staysafestayawesome

