



GRAB BAGS

UPPER SCHOOL CHILDREN ONLY



AVAILABLE THURSDAYS

THURSDAYS <i>9th Sept & 30th Sept</i>	THURSDAYS <i>16th Sept & 7th Oct</i>
Jumbo Sausage Roll <i>A1, A7</i>	Cheeseburger in a Bap <i>A1, A7</i>
Or	Or
Jumbo Quorn Sausage Roll <i>A1, A3, A7</i>	Vegetable Burger in a Bap <i>A1, A10</i>
Yogurt Tube <i>A7</i>	Yogurt Tube <i>A7</i>
Carrot & Cucumber Sticks	Carrot & Cucumber Sticks
Fresh Fruit	Fresh Fruit
Homemade Biscuit or Cake <i>A1, A3</i>	Homemade Biscuit or Cake <i>A1, A3</i>
Fruit Juice or Milkshake Carton	Fruit Juice or Milkshake Carton

Jacket Potatoes
with Cheese *A7*
Tuna *A3,A4,A7,A10*
or Baked Beans
available daily

Salad Bar
Coleslaw *A3, A7, A10*
Bread *A1, A6*
Yoghurt *A7*
Pasta Salad *A1, A7, A13*
Celery *A9*
Egg *A3*

Fresh Fruit and
Yoghurt offered daily

Allergy Information

A1 Cereals containing gluten
A2 Crustaceans, crab, prawn
A3 Eggs
A4 Fish
A5 Peanuts and peanut products
A6 Soya
A7 Milk and milk products
A8 Nuts
A9 Celery
A10 Mustard and products
products
A11 Sesame seeds and oils
A12 Sulphur Dioxide
A13 Lupin
A14 Molluscs

School meals cost **£2.40**. Orders must be **submitted by Monday** for the following week.

The kitchen will endeavour to make an allergy appropriate version of the meal ordered for children with Special Dietary Requirements. If this is not possible a Jacket Potato will be offered as an alternative.