



	Term One	Term Two	Term Three	Term Four	Term Five	Term Six
<p><b>FS/1 Beech</b></p> <p><b>Personal, Social &amp; Emotional Development</b></p>	<p><b>Me and my relationships</b></p> <ul style="list-style-type: none"> <li>*Name specific people in my life.</li> <li>*Similarities and differences about myself and others.</li> <li>*Talk about ourself positively.</li> <li>*School expectations – be ready, be respectful and be safe.</li> <li>*Demonstrate how we listen.</li> <li>*Recognise how others might be feeling.</li> </ul>	<p><b>Valuing differences</b></p> <ul style="list-style-type: none"> <li>*Our likes and dislikes.</li> <li>*Listen and respect other people’s ideas.</li> <li>*Celebrate our differences.</li> <li>*Our family, customs and traditions.</li> <li>*Similarities and differences between people.</li> <li>*Describe what unkindness, teasing and bullying is.</li> <li>*School rules and identify how they keep us safe.</li> </ul>	<p><b>Rights and respect</b></p> <ul style="list-style-type: none"> <li>*We can care for places and people.</li> <li>*Build positive relationships.</li> <li>*We can all make a positive impact on our world.</li> <li>*Behaviour may impact others.</li> <li>*We can help look after the school environment.</li> <li>*Concept of money.</li> </ul>	<p><b>Keeping Safe</b></p> <ul style="list-style-type: none"> <li>*Importance of staying safe e.g., germs, tooth decay etc.</li> <li>*We know who and what will help me when ill.</li> <li>*Medication is stored safely away.</li> <li>*Sleep is important.</li> <li>*Identify some hazards.</li> <li>*Bedtime routine helps me sleep.</li> <li>*Our emotions can change when we feel unsafe.</li> <li>*Our body boundaries and those of others.</li> </ul>	<p><b>Being my best</b></p> <ul style="list-style-type: none"> <li>*Identify an experience where they haven’t achieved their goal.</li> <li>*Strategies can help us to overcome a hurdle, not to quit!</li> <li>*Somethings take time to learn.</li> <li>*Healthy choices can keep us well.</li> <li>*Fruit and vegetables are an important part of a daily diet.</li> <li>*Eatwell guide helps know what is a healthy plate of food.</li> <li>*Importance of regular hygiene routines.</li> </ul>	<p><b>Growing and changing</b></p> <ul style="list-style-type: none"> <li>*Humans and nature change.</li> <li>*Animals and humans change appearance overtime.</li> <li>*There are different life stages of: baby, child, teenager, adult, older age.</li> <li><u>RSE – YR</u></li> <li>*A baby is made by a woman and a man, and grows inside a mother’s tummy.</li> <li>*The body has private parts.</li> <li>*Private parts are private.</li> <li>*Babies, toddlers and school children can do different things at different stages.</li> <li>*A baby has basic needs.</li> <li>*Differences between teasing and bullying.</li> <li>*There are people we can talk to if we feel uncomfortable about any secret.</li> <li><u>RSE – YR1</u></li> <li>*Parts of the body are private.</li> <li>*Private parts can be kept private.</li> <li>*Know people they can talk to about their private parts.</li> </ul>

<p style="text-align: center;"><b>Y1/2 Elm</b></p>	<p style="text-align: center;"><b>Me and my relationships</b></p> <p>*School expectations – be ready, be respectful and be safe. *It is important to listen. *Know how others might be feeling. *Know how to contribute to a positive classroom. *Different people have different ways to express their feelings. *There are people we can go to for help, if we are upset with someone else’s behaviour.</p>	<p style="text-align: center;"><b>Valuing differences</b></p> <p>*Similarities and differences between people. *Know what unkindness, teasing and bullying are. *School rules and how they keep us safe. *There are physical and non-physical differences and similarities between people. *We show respect to other people. *We have ‘special’ people in our lives. *Our behaviour may affect others.</p>	<p style="text-align: center;"><b>Rights and respect</b></p> <p>*Behaviour may impact others. *We can help look after the school environment. *Concept of money. *There are different ways to cooperate with others. *We can calm myself and control my feelings. *People can keep me safe in and out of school.</p>	<p style="text-align: center;"><b>Keeping Safe</b></p> <p>*A bedtime routine is important. *When we feel unsafe, we show different emotions. *There are body boundaries. *Know who can give medication. *Our emotions can change when we feel unsafe and safe in different situations. *Use our voice to say – yes, no, I’ll ask and I’ll tell, to keep myself and others safe.</p>	<p style="text-align: center;"><b>Being my best</b></p> <p>*Importance of fruit and vegetables in a daily diet. *Eatwell guide helps know what is a healthy plate of food. *Importance of regular hygiene routines. *Learning lines as we continually grow. *Know we can make choices. *Simple hygiene routines such as hand washing. *Vaccinations can help to prevent certain illnesses.</p>	<p style="text-align: center;"><b>Growing and changing</b></p> <p>*Know what the body needs. *Babies, toddlers and school children can do different things at different stages. *A baby has basic needs. *There are differences between teasing and bullying. *There are adults you can talk to if you feel uncomfortable about any secret. *We can all give positive feedback. *There are feeling of loss. <u>RSE – YR2</u> *Parts of the human body are private. *A person’s genitals help them to make babies when they are grown up. *Know the terms ‘privacy’ and ‘permission’.</p>
<p style="text-align: center;"><b>Y3/4 Birch</b></p>	<p style="text-align: center;"><b>Me and my relationships</b></p> <p>*Know why we have rules in school. *We can maintain a positive relationship with special people. *Simple strategies can be used to resolve conflicts. *We can work in collaboration with others. *Know what a ‘positive healthy relationship’ looks like. *There are times when we might need to say ‘no’ to a friend.</p>	<p style="text-align: center;"><b>Valuing differences</b></p> <p>*Know examples of ‘respectful’ language. *Understand the terms ‘adoption’, ‘fostering’ and ‘same-sex relationships.’ *A community is important. *People help us in the community. *‘Negotiation’ and ‘compromise’ *Differences including race, gender and religion. *We can show respect towards other people’s differences.</p>	<p style="text-align: center;"><b>Rights and respect</b></p> <p>*There are key people who are responsible for us to stay safe and healthy. *‘Fact’ and ‘opinion’. *Know what a volunteer is and what do they do. *Know about ‘income’ ‘saving’ and ‘spending’ *We can all be ‘responsible’. *‘Right’ and ‘responsibility’. *Democracy is important in decision making. *Know the difference between ‘Income tax’, ‘National Insurance’ and ‘VAT’.</p>	<p style="text-align: center;"><b>Keeping Safe</b></p> <p>*There are situations where I feel safe and unsafe. *I can identify the difference between ‘danger’ and ‘risk’. *There are ways to manage and reduce risks. *Know what a ‘hazard’ is. *Some situations can be dangerous, risky or hazardous. *Know what is a dare and how to be assertive. *There are different stages of identifying and managing risk. *People who can help us to manage risk.</p>	<p style="text-align: center;"><b>Being my best</b></p> <p>*Different food groups benefit the body in different ways. *Infectious illnesses can spread. *We can reduce the spread of infectious illnesses. *We have major internal body parts (heart, blood, lungs, stomach, small and large intestines, liver, brain). *Food, water and air get into the body and blood. *We are all unique. *Some of our choices will be the same, and some may differ. *Body gets energy from food, water and oxygen. *Exercise and sleep are important to our health.</p>	<p style="text-align: center;"><b>Growing and changing</b></p> <p>*There different types of relationships. *It can be appropriate or inappropriate to allow someone into their body space. *Know what is appropriate behaviour online. *There are secrets and surprises. *Know about basic first aid. <u>RSE – YR3</u> *Babies come from the joining of an egg and sperm. *Periods are a normal part of puberty. *Changes happen in everyone’s lives. *Marriage is a commitment entered into freely. *Marriage includes same sex and opposite sex partners. *Different surprises and secrets can make us feel differently. <u>RSE – YR4</u> *Puberty can have an emotional impact. *There is correct terminology for genitalia. *Girls have a menstrual cycle.</p>

<p style="text-align: center;"><b>Y4/5 Rowan</b></p>	<p style="text-align: center;"><b>Me and my relationships</b></p> <ul style="list-style-type: none"> <li>*Everyone can work collaboratively.</li> <li>*Negotiation and compromise.</li> <li>*Key qualities in friendships.</li> <li>*Unhealthy relationships.</li> <li>*Basic emotional needs can be impacted by different circumstances.</li> <li>Behaviour can be passive, aggressive and assertive.</li> </ul>	<p style="text-align: center;"><b>Valuing differences</b></p> <ul style="list-style-type: none"> <li>*Long-lasting friendships.</li> <li>*We need to have active listening skill.</li> <li>*Know impact of discrimination and its injustice.</li> <li>*There is a benefit of living in a diversity society.</li> <li>*Different groups make up our school, wider community and other parts of the UK.</li> <li>*There is a difference between sex, gender identity, gender expression and sexual orientation.</li> <li>*Bullying behaviours can be stopped.</li> <li>*Our actions can impact others.</li> </ul>	<p style="text-align: center;"><b>Rights and respect</b></p> <ul style="list-style-type: none"> <li>*Our health and well-being are important.</li> <li>*Awareness of biased reporting facts and opinions.</li> <li>*Voluntary groups have different roles, responsibilities and duties and impact on the wider community.</li> <li>*There is a cost in producing and selling items.</li> <li>*Loan, credit, debt and interest.</li> <li>*There are ways to manage personal finance.</li> <li>*Know the areas local councillors look after.</li> </ul>	<p style="text-align: center;"><b>Keeping Safe</b></p> <ul style="list-style-type: none"> <li>*There are strategies to deal with both face-to-face and online bullying.</li> <li>*Risks and consequences for sharing information online.</li> <li>*There are views on decision making when faced with a risky situation.</li> <li>We can stand up to someone who gives a dare.</li> <li>*Taking risks have different outcomes.</li> <li>*Potential health risks of vaping.</li> <li>*Actual norms around smoking/alcohol and the reasons for common misperceptions of these.</li> </ul>	<p style="text-align: center;"><b>Being my best</b></p> <ul style="list-style-type: none"> <li>*Internal organs have different functions.</li> <li>*Function and inter-relation of the four systems.</li> <li>*We all have our own strengths and talents. *We can use different strategies for achieving improvements.</li> <li>*We are part of a school community.</li> <li>*People are responsible for helping us to stay healthy and safe.</li> <li>*Ordinary people have 'star' qualities.</li> <li>*Basic first aid is important.</li> <li>*Know and be aware of Sepsis.</li> </ul>	<p style="text-align: center;"><b>Growing and changing</b></p> <ul style="list-style-type: none"> <li>*We all need strategies to build up resilience.</li> <li>*Our bodies feel differently when we're relaxed.</li> <li>*We can use different strategies to deal with situations in which we feel uncomfortable.</li> <li>*There are people we can trust.</li> <li>*Separation from someone or something you like can affect us all differently.</li> <li><u>RSE YR 5</u></li> <li>*There might be situations where someone needs to break a confidence in order to keep someone safe.</li> <li>*There is a difference between safe and unsafe secrets.</li> <li>*Know what menstruation is and why it happens.</li> <li>*Certain products are used in puberty.</li> <li>*External sexual organs have names.</li> </ul>
<p style="text-align: center;"><b>Y5/6 Willow</b></p>	<p style="text-align: center;"><b>Me and my relationships</b></p> <ul style="list-style-type: none"> <li>*We can use a collaborative approach when with others.</li> <li>*We need to show respect and have an assertive approach when dealing with challenges.</li> <li>*There are consequences to reacting to others in a positive and negative way.</li> <li>*We can use different strategies to deal assertively with a situation where someone under pressure may do something they feel uncomfortable about.</li> <li>*Peer pressure.</li> <li>*There is a legal age to marry.</li> <li>*Forced marriage is a different kind of marriage.</li> </ul>	<p style="text-align: center;"><b>Valuing Differences</b></p> <ul style="list-style-type: none"> <li>*We can use strategies to deal with bullying and discriminatory behaviour.</li> <li>*A bystander can respond to rude, offensive and bullying behaviour.</li> <li>*There are different ways of showing respect.</li> <li>*Prejudice and mutual respect.</li> <li>*There is a difference between a friend and an acquaintance.</li> <li>*'Stereotype' us term some people use.</li> <li>*Media can sometime reinforce gender stereotypes.</li> </ul>	<p style="text-align: center;"><b>Rights and respect</b></p> <ul style="list-style-type: none"> <li>*There is a difference of 'facts', 'opinions', 'biased' and 'unbiased' views.</li> <li>*Social media accounts have a legal age for users.</li> <li>*There are positives and negatives using an online platform.</li> <li>*Different ways can be used to save money.</li> <li>*We can live in an environmentally sustainable way.</li> <li>*We have a democracy in the U.K.</li> <li>*We have constituencies, MP's and local MP's.</li> <li>*Rules and laws are made for a reason.</li> </ul>	<p style="text-align: center;"><b>Keeping Safe</b></p> <ul style="list-style-type: none"> <li>*Responsible and respectful behaviour is necessary when interacting with others online and face-to-face.</li> <li>*There are risks of sharing photos and films of themselves with other people directly or online.</li> <li>*It is illegal to create and share sexual images of children under 18 years old.</li> <li>*Addiction is a form of behaviour.</li> <li>*Different drugs belong in different categories.</li> <li>*Drugs can be for medical and non-medical uses.</li> <li>*There are effects and risks of drinking alcohol.</li> <li>*There are actual norms around drinking alcohol and common misperceptions of these.</li> </ul>	<p style="text-align: center;"><b>Being my best</b></p> <ul style="list-style-type: none"> <li>*We can all have aspirational goals.</li> <li>*Know and explain the outcomes of risk-taking in a given situation, including emotional risks.</li> <li>*There are risks related to growing up and it is important we are aware of these.</li> <li>*There are ways to assess risks to keep safe.</li> <li>*Know and be aware of Sepsis.</li> <li>*Basic first aid is important.</li> </ul>	<p style="text-align: center;"><b>Growing and changing</b></p> <ul style="list-style-type: none"> <li>*People's qualities can be identified not just their looks.</li> <li>*Media can influence gender stereotyping.</li> <li>*People can feel pressured to behave in a certain way.</li> <li>*We can use positive strategies for dealing change.</li> <li>*FGM is an illegal practice in this country.</li> <li>*Puberty causes emotional and physical changes.</li> <li><u>RSE YR6</u></li> <li>*Changes happen through puberty to allow sexual reproduction to occur.</li> <li>*There is a legal age of consent.</li> <li>*Sperm can fertilise an egg in different ways to create a baby.</li> <li>*People can protect themselves from HIV.</li> </ul>