

19 DECEMBER 2025

NEWSLETTER ISSUE 8



Message from Mrs Jackson

Dear Parents and Carers,

We have reached the end of a very long and busy term! These last couple of weeks have been joyful with all the performances, concerts, trip to the theatre and our whole school Christmas day on Wednesday!

The Nativity Performances last week were a great success. A huge congratulations to all the children in Beech and Elm classes. They were AMAZING and did a fantastic job of singing and performing to both the school and to their parents. It was a pleasure to watch the confident performance of all. We hope you enjoyed the show as much as we did!

The Carol Concerts too were lovely to attend. The children sang beautiful solos, read and performed confidently in front of a packed church. We were very proud them all!

Don't forget there is a carol service at St James' Church, Dauntsey, which the choir are performing at on Sunday 21 December. The service is 6-7pm but the children need to arrive for 5:15pm please for a practice beforehand. Everyone welcome!

As I am sure you are aware, this is my last newsletter before I 'hand over the reins' to Mrs Butt. We have spent time over the past term together sharing information about the school and Mrs Butt has had a chance to meet the children and staff. I wish her all the best as she joins the fantastic BEDS team.

I would also like to take the opportunity to thank all the parents for your support in everything we do. We do have an amazing set of parents and families who work hard to ensure that we give our children the best we can. Additionally I would also like to thank BEDSA on the successful year they have had in organising so many fun events and raising money for extras for our school.

Finally from all the staff at BEDS, we wish you all a very merry Christmas and a wonderful New Year. Thank you so much for the generous gifts and cards you have given us all.

Please note the change of date for some class assemblies and also PE days for Birch class.

With best wishes
Mrs Jackson



| | | | |
|--------|--------------------------------|-------|--------------------------|
| 19 Dec | End of Term 2 | 6 Jan | Start of Term 3 |
| 21 Dec | Dauntsey Carol Service | 6 Jan | NSU for Stonehenge House |
| 5 Jan | TD Day - no children in school | 8 Jan | Rowan Swimming Starts |

CELEBRATING SUCCESS

The following children have been recognised for their achievements in celebration assembly in the last two weeks. Well done everyone!



STAR OF THE WEEK

Kieran, Walter, Lucian, Reuben, Millie, Carina, Tilly, Xanthe, Connie, Sage, Tommy, Finley, Ruari, Frank, Max, Donovan, Jesse, Scarlett, Teagan, Keegan and Lewis.



ATTENDANCE

Beech Class 98.8%
Rowan Class 99%

Elm Class 94%
Birch Class 99.2%



GOOD MANNERS

Seb, Ada S, Effie, Jac, Teddy P, Isla D, Ella, Teddy N, Monty and Noah



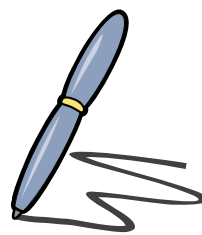
VALUES

Edward C, Christopher C, Leo, Fifi, Sophie O, Alex, Libby, Ted and Daisy.



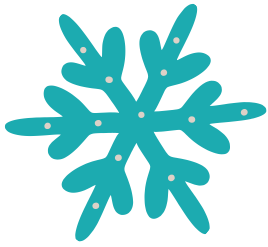
GREAT READING

Aala, Tilly, Ellie, Hattie, Sidney, Theodore, Edward C, Christopher C, Xanthe, Arlo, Oliver P, Katrina, Connie, Jesse, Monty, Rafe, Aubrey, Yuma, Max, Emily, Ben, Sage, Eve, Lottie, Ed and Oscar.



PEN LICENCE

Iliana, Alan and Tate.



SENDCO UPDATE



Hello,

As parents and caregivers, we often have high expectations about Christmas and it can be disheartening when things don't go to plan. The disrupted routines, sensory overload (lights, music, crowds) and heightened expectations can lead to meltdowns, anxiety or withdrawal. These are not misbehaviours - rather a sign that your child's coping mechanisms are stretched.

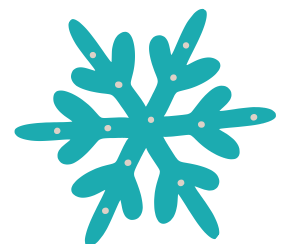
I thought it would be useful to share some tips on how to work with our children when things become overwhelming.

- Keep routines where possible – stick to familiar meals and bedtimes as predictability can help children to feel grounded.
- Prepare your child in advance for any changes using simple explanations and visual aids.
- Manage sensory input – limit exposure to flashing lights, loud music and crowded spaces. Noise-cancelling headphones can be a useful tool.
- Create a safe retreat – designate a calm room or area, complete with comfort items such as blankets, books or toys, where your child can decompress.
- Set realistic expectations. Ask yourself “What matters most this year?”
- Support emotional regulation – teach your child calming strategies like deep breathing or using a stress ball. Validate their feelings by saying things like, “I see this is hard for you, let's take a break together.”
- Model calmness. Children mirror adult stress, if you stay regulated, your child is more likely to feel secure.

In summary, Christmas doesn't need to be perfect – it just needs to feel safe and manageable for you and your child.

Wishing you all a very happy and peaceful Christmas,

Mrs Pocock





SPOTLIGHT ON...

ATTENDANCE



There are many different challenges at the moment with illness however, congratulations to Birch class who had a winning attendance of 98.52% in the last week.

Beech Class – 91.67%

Elm Class – 93.78%

Birch – 98.52%

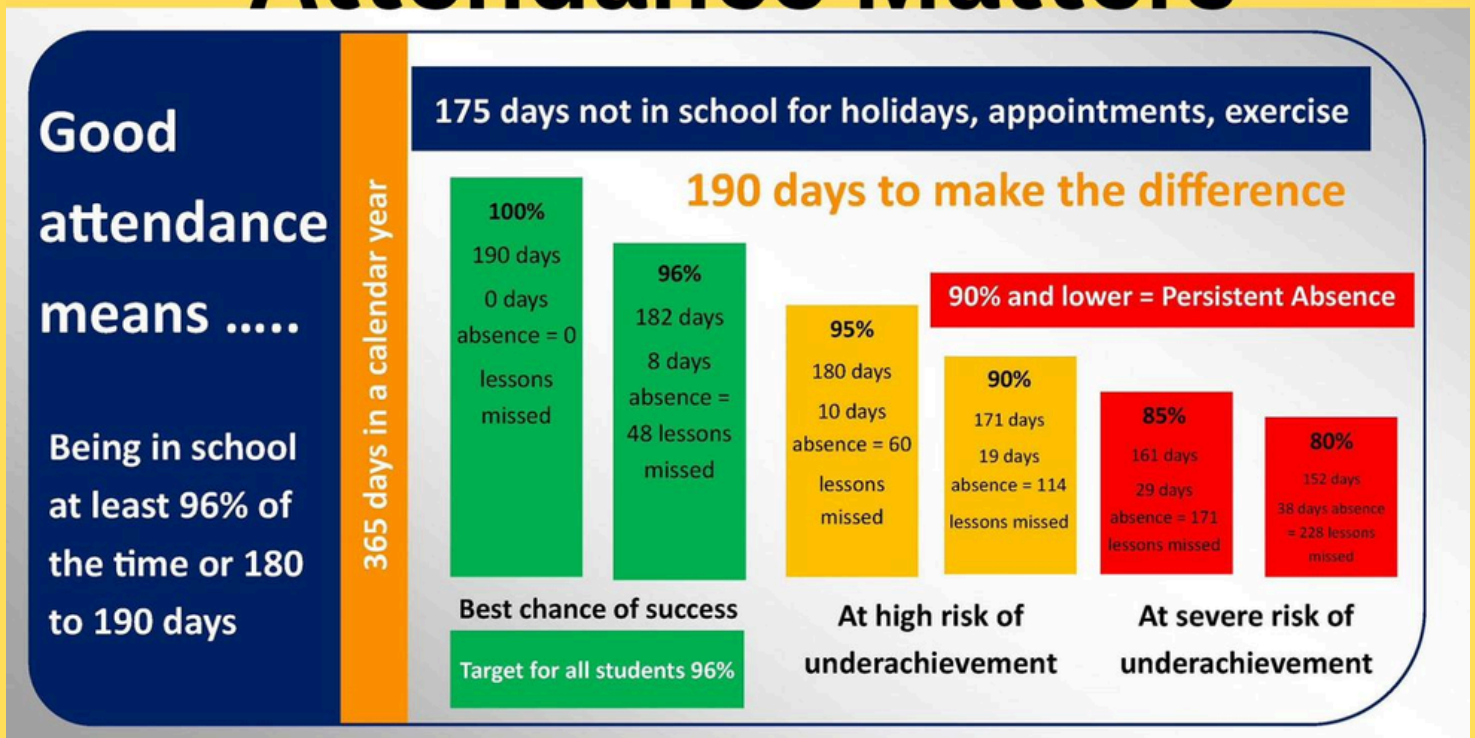
Rowan – 93.1%

Willow – 97.04%

Whole School Attendance for the Academic Year so far – 96.68%

If you are experiencing any problems getting your child to school, please do not hesitate to come in to discuss it with us as we may be able to help.

Attendance Matters



Attend school regularly, attend school punctually, attend school prepared!



CHRISTMAS WREATH MAKING WORKSHOP



Thank you so much to everyone that supported our Christmas Wreath Making event on Thursday 4th December. A fun time was had by all and it was great to see how creative we can all be.

We will let you know how much we raised, this money will go towards improving the upper site hall acoustics.



BARN THEATRE - A CHRISTMAS CAROL

We thoroughly enjoyed our recent whole school trip to Barn Theatre in Cirencester. The theatre staff wanted to feed back that the children were so polite, and the creative team said that they were the best audience that had visited so far, both schools and public.

We'd also like to say a big thank you to our volunteers who helped make the trip possible.



CHANGES TO CLASS ASSEMBLIES

Some class assembly dates have changed. Please see the new dates below:

Rowan T3 Wed 11 February 9.10am (was 26 Mar)

Willow T4 Thu 26 March 9.10am (was 12 Feb)

Elm T5 Wed 20 May 9.10am (was 11 Feb)

Birch T5 Thu 21 May 9.10am (unchanged)

Beech T6 Wed 8 July 9.10am (was 20 May)

E-SCOOTERS SAFETY

WILTSHIRE POLICE



The Swindon and Wiltshire Youth and Early Intervention Coordinator would like to share the following with parents:

Key points for parents, carers and guardians:

- Privately owned e-scooters are not legal to use on public roads, pavements, cycle lanes or parks. They can only be used on private land with permission.
- Police can seize e-scooters being used illegally. Riders may also receive warnings, fines, points on a future driving licence or prosecution.
- There are real safety risks. Some e-scooters can travel at speeds of 30mph or more. Without helmets, road awareness or proper supervision, the risk of serious injury is high.

This winter, Wiltshire Police will be taking proactive steps to tackle illegal and unsafe use of e-scooters. We have already seized more than 140 vehicles, and we want to prevent that number from increasing.



We appreciate that many families may be unaware of the rules when purchasing e-scooters as gifts. By sharing this information, we can help young people stay safe and avoid costly mistakes. Further information [HERE](#).

STROUD HIGH SCHOOL ADMISSIONS CONSULTATION



Stroud High School
Headteacher:
Mr Mark McShane BA (Hons)

Registered Office:
Beards Lane
Cainscross Road
Stroud
Gloucestershire, GL5 4HF

Telephone: 01453 764441
Email: admin@stroudhigh.gloucs.sch.uk
Website: www.stroudhigh.gloucs.sch.uk
Facebook: [StroudHighSch](https://www.facebook.com/StroudHighSch) 
Instagram: [stroud.high](https://www.instagram.com/stroud.high) 

December 2025

To all interested parties

Notice of Consultation: Admissions Arrangements for Stroud High School

You have received this letter as part of this consultation in order to seek responses from as wide a group as possible. The consultation will run for 7 weeks from 12 noon Wednesday 10 December 2025 until 12 noon Friday 30 January 2026. During this time a copy of the proposed Admissions Arrangements can be found on our website.

The substantive proposed changes to the admission arrangements are outlined below:

In line with the School Standards and Framework Act 1998 (Section 102) and the School Admissions Code (2021), Stroud High School proposes to include **Creative Aptitude Assessments in Music and Art** within its oversubscription criteria. These assessments will enable up to 10 per cent of the published admission number to be allocated based on demonstrated aptitude in the **Performing and Visual Arts**, reflecting the school's recognised specialisms in these areas. All applicants considered under this criterion must also meet the required standard in the school's main admissions test, ensuring that academic selection remains central to the admissions process. The aptitude assessments will measure potential rather than prior attainment and are fully compliant, supporting a fair, transparent and balanced admissions framework that values creativity alongside academic excellence.

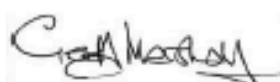
If you would like to submit any comments or feedback then please forward them in writing to Mrs L Poole, Admissions Officer, at Stroud High School, Beards Lane, Cainscross Road, Stroud, Gloucestershire, GL5 4HF or email to admissions@stroudhigh.gloucs.sch.uk.

All comments received by the close of the consultation on until 12 noon Friday 30 January 2026 will be considered by the governing board before the final policy is determined and published on our website.

Yours sincerely



Mark McShane
Headteacher



Geoff Marshall
Co-Chair of Trustees



Brinkworth Earl Danby's School Association



bedsacontact@gmail.com

Wow! What an amazing term it's been for fundraising!

Who remembers as far back as the discos in October? That seems a life time ago, doesn't it? All that dancing helped raise **£308.79**

The Rainbow Raffle had some fantastic prizes. The hampers made up from your donations looked amazing. Through the raffle you helped raise an astounding **£1097.78!!**

The children all loved trying to guess Santa's middle name during whole school day on Wednesday. Who knew it was Zoom!? This helped raise **£54.46.**

At the end of the Lower Site Christmas Productions, some of the Year 2 children helped BEDSA collect donations toward future BEDSA funded projects. This helped raise **£68.75.**

This term BEDSA have helped fund a number of things for school, including coaches to the Barn Theatre for the whole school, Christmas trees for Upper and Lower site, Christmas crackers for all the children on Whole School Christmas day, and **10 brand new iPads** to help enhance their learning!

Date for your diaries! The next school disco will be on **Friday 6th February.** Further details to follow in the new year.

Thank you once again for all your fundraising support.
Merry Christmas to you all
The BEDSA Team

FUNDRAISING

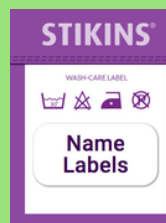
We have various ongoing fundraising streams - please do sign up / use our codes, it all helps!



Did you know that whenever you buy anything online - from your weekly shop to your annual holiday - you could be raising free money for BEDSA with easyfundraising? With over 8000 retailers on board ready to make a donation and it won't cost you a penny extra to raise funds.



Sign up to purchase weekly lottery tickets, boost school funds, win cash prizes. At least one winning ticket per school per week!



Don't forget to order new name labels through Stikins using our code 35318

DATES FOR THE YEAR

Updates since our last issue in red. To sign up to our calendar and news alerts, just install the School News app. Download the app using the details on our website [here](#).

TERM 2

| | | | |
|------------|------------------------|-----------------|---|
| Fri 19 Dec | End of Term 2 | | |
| Sun 21 Dec | Dauntsey Carol Service | Dauntsey Church | 6-7PM (choir from 5:15 please) Christmas jumper or uniform |

TERM 3

| | | | |
|------------|------------------------------|------------|-------------------------------------|
| | Birch PE | | Change to Tuesdays & Thursdays |
| Mon 5 Jan | TD Day | | No children in school |
| Tue 6 Jan | Start of Term 3 | | |
| Tue 6 Jan | NSU for Stonehenge House | | T2 House Point Winners |
| Thu 8 Jan | Rowan Swimming Starts | Lime Kiln | 6 AM sessions |
| Mon 12 Jan | Reception Height & Weight | Lower Site | A letter from HCRG will be sent |
| Thu 15 Jan | Parent Forum 3 | Lower Site | 6pm - Meet Mrs Butt (new Head) |
| Thu 22 Jan | SEN Coffee Meetup | Upper Site | Focus - Dyslexia |
| Thu 5 Feb | Online Safety | | Facilitated by Stay Safe Initiative |
| Thu 5 Feb | Parent Online Safety Session | Zoom | Evening |
| w/c 2 Feb | Y6 SATs Info Eve | | |
| Wed 11 Feb | Rowan Class Assembly | Upper Site | 9:10am (was 26 Mar) |
| Fri 13 Feb | End of Term 3 | | |

DATES FOR THE YEAR

Updates since our last issue in red. To sign up to our calendar and news alerts, just install the School News app. Download the app using the details on our website [here](#).

TERM 4

| | | | |
|------------|--------------------------------|------------|--------------------------------|
| Mon 23 Feb | Start of Term 4 | | |
| Tue 24 Feb | NSU for T3 House Point Winners | | |
| Mon 2 Mar | Book Fair | | |
| Thu 5 Mar | World Book Day | | |
| Wed 18 Mar | Y4 Residential | Braeside | 3 days, 2 nights |
| Thu 19 Mar | Parent Forum 4 | Lower Site | |
| Fri 20 Mar | Red Nose Day | | |
| Tue 24 Mar | Parents Eve | Upper Site | |
| Thu 26 Mar | Willow Class Assembly | Upper Site | 9:10am (was 12 Feb) |
| Thu 26 Mar | Parents Eve | Upper Site | |
| Fri 27 Mar | Whole School - Easter | Upper Site | Includes church Easter service |
| Fri 27 Mar | End of Term 4 | | |

TERM 5

| | | | |
|------------|--------------------------------|------------|---------------------|
| Mon 13 Apr | Start of Term 5 | | |
| Tue 14 Apr | NSU for T4 House Point Winners | | |
| Thu 30 Apr | SEN Coffee Meetup | Lower Site | Focus - ASD |
| Mon 4 May | Bank Holiday | | School Closed |
| Thu 7 May | Parent Forum 5 | Lower Site | |
| Mon 11 May | Y6 SATs Start | | 4 days |
| Wed 20 May | Elm Class Assembly | Lower Site | 9:10am (was 11 Feb) |
| Thu 21 May | Birch Class Assembly | Upper Site | 9:10am |
| Fri 22 May | End of Term 5 | | |

DATES FOR THE YEAR

TERM 6

| | | | |
|------------|---------------------------------|------------|-------------------------------|
| Mon 1 Jun | TD Day | | No children in school |
| Tue 2 Jun | Start of Term 6 | | |
| Tue 2 Jun | NSU for T5 House Point Winners | | |
| Wed 3 Jun | Class School Photos | | |
| Fri 5 Jun | Sports Day | Upper Site | 1pm |
| Fri 12 Jun | Y6 Residential | Morfa Bay | 4 days, 3 nights |
| Thu 18 Jun | Reception New Parents Info Eve | | |
| Fri 19 Jun | Reserve Sports Day | | |
| Thu 25 Jun | Parent Forum 6 | Lower Site | |
| Wed 8 Jul | Beech Class Assembly | Lower Site | 9:10am (was 20 May) |
| Thu 9 Jul | Shuffle Up/Transfer Day | | |
| 8 & 9 Jul | Malmesbury Year 6 Induction Day | | |
| Mon 13 Jul | School Reports Out | | |
| Mon 13 Jul | Y2 Second Transfer Day | Upper Site | |
| Wed 15 Jul | Willow Production | Lower Site | PM & Eve performances |
| Fri 17 Jul | Leavers' Party | Upper Site | After school |
| Tue 21 Jul | Whole School - Leavers' Service | Upper Site | AM church service, Y6 Parents |
| Tue 21 Jul | End of Term 6 | | |
| Wed 22 Jul | TD Day | | No children in school |



COMMUNITY NEWS

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LESSONS & CAROLS

**Lessons & Carols 6pm
Dauntsey**

🕒 21 Dec 2025, 6 p.m. for 1 hour

📍 [St James the Great, Dauntsey](#)
Church Lane Dauntsey Chippenham, SN15 4HT, United Kingdom

📅 Sunday 21st December 4th Sunday of Advent
6.00pm Dauntsey: Lessons and Carols –Traditional carols & readings from the King James Bible.



GREAT BIG NATIVITY

The Great Big Nativity a celebration for all the family with the sights and sounds of the stable. Come dressed as a character and take part. Wellies & torches useful!

The Great Big Nativity

🕒 24 Dec 2025, 4 p.m. for 1 hour

📍 [St Michael & All Angels, Brinkworth](#)
School Hill Brinkworth, SN155AX, United Kingdom

📌 The Great Big Nativity: A celebrations for all the family with the sights and sounds of the stable. Come dressed as a character and take part. Wellies & torches useful! No naked flames or candles please. ☐
Starts on Christmas Eve 4.00pm Brinkworth, St. Michael and All Angels Church



Christmas Football Camp

22nd, 23rd & 24th
December



Royal Wootton Bassett Sports Association

To Book

09:30 - 14:30
(drop off from 08:30)



WILTSHIRE SPORTS ACADEMY



After school football and dodgeball sessions are now available to book.

[Click for the link.](#)



FOR SEND FAMILIES - SUMMER EVENT

Follow the link for more information about this two day event where families can relax go off grid and let their children be their wonderful selves without judgement or fear.

You will need to use the code SECRET SEN to access the tickets as they are currently only available to families locally to Wiltshire before being released to general public in January.

The Secret Camp Out is a relaxed, intimate family weekend. Located at Stockton Park, Stockton in an area of outstanding natural beauty in Wiltshire.

The Secret Camp Out is a relaxed, intimate family weekend. Located at Stockton Park, Stockton in an area of outstanding natural beauty in Wiltshire. It offers a Wild camping experience that is an enticing and fun way to feel closer to nature. Come and get away from the hustle bustle of everyday life.

On site we keep it simple camping facilities are basic but we do have running water, clean toilets and even a couple of showers...all in stunning surroundings! The Bus Top Bar is onsite if you fancy a fine Ale or glass of Wine. We even have a couple of Vintage Food Outlets offering up delicious food over the weekend. On arrival you can choose your very own camping pitch. Well behaved dogs are most welcome.

We are limiting the number of people attending. We will sell out so please get in touch now if you would like to join us. Within easy reach is the World heritage site of Stonehenge, and Longleat Safari Park along with South Wilts Ski indoor Centre and the beautiful Cities of Bath and Salisbury.

OTHER ACTIVITIES AT THE SEN SECRET CAMP OUT

DANCE WORKSHOP, TRADITIONAL GAMES
MESSY CLAY SCULPTING, OUTDOOR SAND PLAY
SKITTLES, OUTDOOR BADMINTON , CROQUET
CRAZY JUNK MODELLING WORKSHOPS
SILENT DISCO, YOGA, ARTS & CRAFTS
FACE PAINTING, FUR & FANGS ANIMAL DISPLAY, SPORTS ACTIVITIES
BUBBLE WORKSHOP, SENSORY TENT
SECRET CAMP OUT QUIZ



FAMILY AND COMMUNITY LEARNING (FACL) COURSES

Family Skills

| Course | Date | Day and time | Sessions | Venue |
|---|------------|-----------------------------|------------|------------|
| [REDACTED] | [REDACTED] | [REDACTED] | [REDACTED] | [REDACTED] |
| [REDACTED] | [REDACTED] | [REDACTED] | [REDACTED] | [REDACTED] |
| [REDACTED] | [REDACTED] | [REDACTED] | [REDACTED] | [REDACTED] |
| [REDACTED] | [REDACTED] | [REDACTED] | [REDACTED] | [REDACTED] |
| Helping My Child with Anxiety and Worry | 8 January | Thursday 10:00am-12:00pm | 1 | Online |
| Supporting My Teen with Wellbeing | 9 January | Friday 10:00am-12:00pm | 1 | Online |
| Understanding School Anxiety: The Early Signs of EBSA | 15 January | Thursday 10:00am-12:00pm | 1 | Online |

Adult Skills and Wellbeing

| Course | Date | Day and time | Sessions | Venue |
|---------------------------------|----------------------|--------------------------------------|------------|------------|
| [REDACTED] | [REDACTED] | [REDACTED] | [REDACTED] | [REDACTED] |
| Balance Your Budget | 6 January | Tuesday 10:00am-12:00pm | 1 | Online |
| Discovering Confidence | 6 January | Tuesday 10:00am-12:00pm | 1 | Online |
| Budgeting for Work | 9 January | Friday 10:00am-12:00pm | 1 | Online |
| Working in Schools | Starts 9 January | Fridays 10:00am-12:00pm | 5 | Online |
| Customer Service | Starts 13 January | Tuesdays and Fridays 10am-12pm | 5 | Online |
| Wellbeing Welcome Meeting 9 Jan | Starts 16 January | Fridays 11:00am-1:00pm | 5 | Salisbury |



FAMILY AND COMMUNITY LEARNING (FACL) COURSES

Independent Living Skills

| Course | Date | Day and time | Sessions | Venue |
|---|------------|-----------------------------|----------|------------|
| [REDACTED] | | | | |
| Exploring Baking | 8 January | Thursday 11:30am-1:30pm | 1 | Trowbridge |
| Exploring My Skills | 12 January | Monday 12:30-2:30pm | 1 | Chippenham |
| Exploring My Skills | 15 January | Thursday 11:30am-1:30pm | 1 | Trowbridge |
| Exploring Volunteering | 19 January | Monday 12:30-2:30pm | 1 | Chippenham |
| Home Smart Welcome Meeting 22 Jan | 29 January | Thursdays 11:30am-1:30pm | 5 | Trowbridge |
| Building Maths Skills Welcome Meeting 26 Jan | 2 February | Mondays 12:30-2:30pm | 5 | Chippenham |

Information

Enrolments for online courses must be completed at least seven days before a course starts. We will contact new learners to discuss the course, confirm a place, and book an online or face to face. The Welcome meeting introduces the Family and Community Learning service and the its learning platform.

If you want to check where a face-to-face course is running, please call us to get further information.

Courses are free for learners who meet our eligibility criteria

You must be aged 19 years old or over on 31 August 2025, live at a Wiltshire postcode, and meet residency requirements. In addition, you need to meet at least one of the following criteria:

- Individual income less than £25,750 per year
- In receipt of benefits (excluding child benefit)
- Be a foster carer or carer
- Be a care leaver
- Be part of a military family or be ex-armed forces personnel
- Have refugee or asylum seeker status
- Have a learning difficulty or disability
- Be looking to move into work, now or in the future

Interested or want to book?

Call 01225 770 478 or email familyandcommunitylearning@wiltshire.gov.uk



COMMUNITY NEWS

click images for links

Within My Reach

Time for Us

Would you like some support communicating as a couple?

Do you need help to understand each other and be better listeners to make positive changes in your relationship?

If so, then come along and join our group of like minded couples.

Call us for more information or to ask for a space on: 0800 970 4669 or use the code opposite to sign up directly.



<https://wiltshiretogether.org.uk/alltogether>

Triple P Family Transitions

Struggling With Co-Parenting? You're Not Alone.

Are you finding co-parenting challenging? Can't agree on the decisions being made for your child?

Parenting after separation isn't easy — but you don't have to go through it alone.

Join our co-parenting programme and connect with other separated parents/carers on a similar journey.

This supportive programme is designed to help you navigate the challenges of shared parenting and will empower you to put your child's wellbeing first.

Call us for more information or to ask for a space on: 0800 970 4669 or use the code opposite to sign up directly.



<https://wiltshiretogether.org.uk/alltogether>

Family Hub Wiltshire Council | **All Together** Supporting families in Wiltshire

Time Out For Parents - Children with Additional Needs

Are you a parent/carer for a child (or children) with additional needs? This course was written for you!

Come and meet other parents/carers to support, help and encourage each other to share feelings and experiences about your child with additional needs.

Discuss and share ideas that support you to come up with solutions to problems and behaviours that challenge on the basis of what works – not what's meant to work!

(No formal diagnosis required)

Join us virtually via Microsoft Teams

| | |
|-------------------------|--|
| Tuesday 12:30-14:30 | 13/01 - 10/03/2026 Excluding 17/02/2026 |
| Friday 10:00-12:00 | 23/01 - 20/03/2026 Excluding 20/02/2026 |
| Thursday 18:00-20:00 | 15/01 - 12/03/2026 Excluding 18/02/2026 |

FACE

January 2026 Timetable

All sessions delivered live online via zoom. 90 minutes long
£24 each or FREE with School Membership
 Book online at facefamilyadvice.co.uk
 Recordings available for 48 hours (excluding Free Talk)

| | |
|---|--------------|
| Autism - Improving Communication | 5 Jan 10am |
| Improving Family Communication | 5 Jan 7pm |
| Supporting A Child with ADHD | 6 Jan 10am |
| Understanding Addictive Behaviour | 6 Jan 7pm |
| Anxiety Based School Avoidance | 12 Jan 10am |
| Understanding Anger | 12 Jan 7pm |
| Supporting Healthy Screen Use | 13 Jan 10am |
| Facing Defiance | 13 Jan 7pm |
| Cannabis and Ketamine Awareness | 19 Jan 10am |
| Anxiety Explained | 19 Jan 7pm |
| Introduction to OCD | 20 Jan 10am |
| What Is ACT | 20 Jan 7pm |
| FREE Responding to Angry Behaviour | 22 Jan 7-8pm |
| Raising Self-Esteem | 26 Jan 10am |
| Decreasing Depression | 26 Jan 7pm |
| Supporting Healthy Sleep | 27 Jan 10am |
| Understanding the Teenage Brain | 27 Jan 7pm |



COMMUNITY NEWS

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Wiltshire Family Hubs

Family Hub
Wiltshire Council



Christmas Message

Issue 11 - 2025

www.wiltshirefamilyhubs.org.uk

As we celebrate this season, we want to extend our heartfelt thanks to everyone who has supported families across Wiltshire. Your generosity—through food parcels, toys, and vouchers—has made a real difference during a challenging time.



Special thanks to:

Wiltshire Museum (Explore it!), Bradford on Avon Hub, Melksham Food Bank, Warminster Food Bank, our Christmas Santas, Salisbury Foodbank, Old Sarum & Long Hedge Pantry, Dunelm Salisbury, HERE Storage Salisbury, St Peters School, St Francis Church, Howden Insurance, St Bartholomew's Church & The Croft (Royal Wootton Bassett), Corsham Fire Brigade, Corsham Toy Shop, St Aldhelm's Church Foodbank (Corsham), Salvation Army Foodbank (Chippenham), Calne Lions, Calne Foodbank and Tesco Amesbury.

Your kindness helps us create opportunities for families to come together and enjoy activities, while sharing the Wiltshire Family Hub offer that supports families to live their best lives.



Need a few ideas of family things to do at Christmas? Check out our [activity pages](#) on our website



Support Over Christmas

Even while Wiltshire Family Hubs are closed, help is still available for parents, carers, children, and young people:

Samaritans - Free, confidential emotional support, 24/7
Call 116 123 or visit samaritans.org

Childline - Support for children and young people
Call 0800 1111 or visit childline.org.uk

Mind - When you're living with a mental health problem, or supporting someone who is.
Call [0300 123 3393](tel:03001233393) or visit www.mind.org.uk

NHS 111 - For urgent health advice when it's not an emergency

From all of us at Wiltshire Family Hub, we wish you a safe, warm, and peaceful Christmas

Contact us by email:
wiltshirefamilyhub@spurgeons.org

Contact us by phone:
0800 970 4669