



# GRAB BAGS

## UPPER SITE CHILDREN



### AVAILABLE TUESDAYS & THURSDAYS

TUESDAYS	THURSDAYS
Tomato Pasta Pot <b>A1</b> Or	Ham Wholemeal Roll <b>A1</b> Tuna Mayo Wholemeal Roll <b>A1, A3, A4</b> Or
Veggie Sausage Roll <b>A1</b>	Cheese Wholemeal Roll <b>A1, A7</b> Quorn Ham Wholemeal Roll <b>A1</b>
Frube Yoghurt <b>A7</b>	Frube Yoghurt <b>A7</b>
Pepper & Cucumber Sticks	Carrot & Cucumber Sticks
Homemade Biscuit, Cake <b>A1, A3</b>	Homemade Biscuit, Cake <b>A1, A3</b>
Piece of Fruit	Piece of Fruit
Fruit Drink	Fruit Drink

**Allergy Information**

- A1** Cereals containing gluten
- A2** Crustaceans, crab, prawn
- A3** Eggs
- A4** Fish
- A5** Peanuts and peanut products
- A6** Soya
- A7** Milk and milk products
- A8** Nuts
- A9** Celery
- A10** Mustard and products
- A11** Sesame seeds and oils
- A12** Sulphur Dioxide
- A13** Lupin
- A14** Molluscs

School meals cost **£2.75**. Orders must be **submitted by Monday** for the following week.

The kitchen will endeavour to make an allergy appropriate version of the meal ordered for children with Special Dietary Requirements.

If this is not possible a Jacket Potato will be offered as an alternative.