



BRINKWORTH EARL DANBY'S CE PRIMARY SCHOOL

Serving the communities of Brinkworth and Dauntsey

Headteacher: Mrs K Butt

Believe to Achieve! *"Roots will grow down into God's love and keep us strong"* EPH 3:17

Thursday 18 June 2026

Dear Parents and Carers,

Relationships and Sex Education (RSE) – Information

At our school, we are committed to supporting every child's emotional wellbeing, personal development and understanding of relationships, in line with the **Department for Education (DfE) statutory guidance: Relationships Education, Relationships and Sex Education (RSE) and Health Education (2019)**.

We teach RSE through the **Coram SCARF programme**, which supports children's development in Safety, Caring, Achievement, Resilience and Friendship. In the Early Years, this closely links to the Personal, Social and Emotional Development (PSED) area of learning.

Our Legal Duty

It is a **statutory requirement** for all primary schools to teach:

- Relationships Education
- Health Education

This includes learning about:

- Families and caring relationships
- Respect and friendship
- Online safety
- Keeping safe

Primary schools must teach the biological aspects of human development (through science). Parents do not have the right to withdraw from statutory Relationships Education.

Reception (Early Years – PSED and SCARF)

Key Learning

Children learn about relationships, feelings, and keeping themselves safe. This is embedded through PSED:

- Managing feelings and behaviour
- Making relationships
- Self-confidence and self-awareness

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Vocabulary taught

- Body parts: head, shoulders, arms, elbows, hands, fingers, legs, knees, feet, toes
- Private body parts: penis, vulva, bottom
- Personal language: private, personal space, safe touch, unsafe touch
- Relationships: family, mum, dad, carer, friend, adult, trusted adult
- Emotions: happy, sad, angry, worried, excited, scared

The learning journey for Early Years can be found on the final page of this letter

Year 1

Key Learning

Children begin to understand their bodies, privacy, and simple relationships.

Vocabulary taught

- Body: penis, vulva, testicles, nipples, bottom
 - Privacy and safety: private parts, consent (simple: “permission”), secrets, surprises
 - Relationships: family, same-sex parents, different families, friendship
 - Feelings: comfortable, uncomfortable
 - Safety: trusted adult, help, safe/unsafe
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Year 2

Key Learning

Children explore differences, life cycles and respect.

Vocabulary taught

- Body awareness: penis, vulva, testicles, anus, chest
 - Life cycles: baby, toddler, child, teenager, adult
 - Change: grow, develop, change
 - Equality and identity: male, female, gender, stereotype
 - Relationships: fair/unfair, kind, unkind, respect
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Year 3

Key Learning

Children learn about relationships, belonging and early understanding of reproduction.

Vocabulary taught

- Relationships: friendship, trust, loyalty, conflict, resolution

- Families: single parent, step-parent, foster family, adoptive family
 - Basic reproduction concepts: baby, adult, care, pregnancy (introductory context only)
 - Boundaries: personal space, consent, permission
 - Emotions: jealousy, empathy, respect
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Year 4

Key Learning

Introduction to physical and emotional changes linked to puberty.

Vocabulary taught

- Puberty: puberty, physical changes, emotional changes
 - Male body: penis, testicles, sperm
 - Female body: vulva, vagina, uterus, ovaries, fallopian tubes
 - Hygiene: sweat, deodorant, body odour, cleanliness
 - Growth: hormones, development
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Year 5

Key Learning

Children develop a clearer understanding of puberty and reproduction.

Vocabulary taught

- Puberty changes: menstruation, periods, menstrual cycle, egg (ovum), sperm
 - Male puberty: erection, ejaculation, wet dream
 - Female puberty: breasts, menstruation, ovulation
 - Reproductive system: uterus, ovaries, vagina, fallopian tubes, penis, testicles
 - Emotional wellbeing: mood swings, attraction, relationships
 - Hygiene: sanitary products (pads, tampons), personal care
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Year 6

Key Learning

Children prepare for secondary school with a full understanding of human reproduction and healthy relationships.

Vocabulary taught

- Reproduction: sexual intercourse, fertilisation, conception
- Pregnancy: embryo, foetus, gestation, placenta, umbilical cord
- Birth: labour, delivery
- Consent: consent, pressure, respect, boundaries

- Relationships: healthy relationship, unhealthy relationship, peer pressure
- Identity and wellbeing: self-esteem, body image

Supporting Your Child at Home

Parents and carers are the primary educators of their children in relationships and development. We encourage you to:

- Use the correct vocabulary confidently
- Answer questions appropriately
- Reinforce messages about respect, safety and kindness

Please refer to our RSE Progression Document for a detailed overview of how learning builds across each year group.

Working Together

We are committed to delivering RSE in a sensitive, age-appropriate and inclusive way. If you would like to discuss any aspect of the curriculum, please do not hesitate to contact the school.

Together, we can ensure that children:

- Feel safe and confident
- Understand their bodies and emotions
- Develop healthy, respectful relationships

Thank you for your continued support.

Yours sincerely,

Mrs K Butt



Headteacher

Learning Journey Growing and Changing Early Years



Children are introduced to the basics of human reproduction (not sexual intercourse). They understand that a baby is made by a woman and a man, and grows inside a woman's tummy/womb. They recognise that every family is different and talk about the similarities and differences between themselves and others.

Children notice the similarities and differences between males and females. They begin to play inclusively with their friends, regardless of their sex (if not already doing so). They think differently and more openly about what a family may look like.

Children understand that animals and humans change in appearance over time. They use relevant vocabulary such as egg, seed, baby, grow, change, old, and young (and the names for young animals). They make observations and ask questions about living things.

RECEPTION
Where do babies come from?

Children reflect on how they have changed as they have grown. They can explain the differences between babies, children, and adults, and understand that we are all unique.

RECEPTION
Life stages – plants, animals, humans

RECEPTION
Life stages: Human life stage – who will I be?

Children use the language and describe the different life stages of: baby, child, teenager, adult, older age, and talk about their own experience of growing up.

RECEPTION
Getting bigger

Children learn the names of parts of the body (including reproductive parts) using the correct vocabulary. They can explain which parts of their body are kept private and safe - and why. They know to tell or ask an appropriate adult for help if they feel unsafe.

NURSERY
Girls, boys and families

NURSERY
When I was a baby

Children talk about how babies change as they grow, what they need and how this changes as they grow. They share their own experiences and listen to those of the others.

RECEPTION
Me and my body – girls and boys